

# Gemigliptin attenuates reducing sugar-induced oxidative damage in MC3T3-E1 osteoblasts and improves osteoblastic differentiation

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## Abstract

**Objective:** Dipeptidyl peptidase-4 (DPP-4) inhibitors have been shown to reduce the rate of bone fractures. A newly developed antidiabetic drug, gemigliptin, may improve bone quality. We investigated the effects of gemigliptin on 2-deoxy-D-ribose (dRib)-induced oxidative damage and cellular dysfunction in the MC3T3-E1 osteoblastic cell line.

**Methods:** Osteoblasts were treated with dRib, a strong reducing sugar, in the presence or absence of gemigliptin. Cell viability was evaluated using the CCK-8 assay. Apoptosis and reactive oxygen species (ROS) production were subsequently examined. The effects of gemigliptin on the expression of genes related to osteoblastic differentiation were determined via RT-PCR.

**Results:** We observed that dRib reduced cell survival and markedly increased apoptosis and intracellular levels of ROS. However, pre-treatment with gemigliptin partially attenuated these dRib-induced effects. Additionally, treatment with gemigliptin increased alkaline phosphatase (ALP) activity and collagen production. Gemigliptin increased the expression of the bone-related markers ALP, collagen, osteocalcin, OPN, BMP2 and BMP7. The expression level of PI3K was increased after gemigliptin treatment under dRib condition.

**Conclusion:** Taken together, these results suggest that gemigliptin attenuates dRib-induced cellular damage in osteoblasts. Gemigliptin may improve oxidative conditions in bone. Increased ALP activity and increased expression of genes related to osteoblastic differentiation indicate that gemigliptin treatment can improve the quality of bone formation. Our results suggest that gemigliptin treatment is effective in diminishing oxidative stress and improving bone strength through PI3K/AKT/BMP axis.

**Keywords:** Dipeptidyl-Peptidase IV Inhibitors, Osteoblasts, Oxidative Stress

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## 1. Introduction

Dipeptidyl peptidase-4 (DPP-4) inhibitors reduce blood glucose level in patients with type 2 diabetes by inhibiting degradation of two main incretin hormones. It increases the level of glucagon-like peptide-1 (GLP-1) and glucose-dependent insulinotropic polypeptide (GIP). GLP-1 and GIP increase insulin secretion from pancreatic beta cells [1]. Incretin hormones show inhibition of glucagon release and decrease gastric emptying in addition to insulin secretion. GIP is known to promote the bone formation and GLP-1 is known to inhibit bone absorption [1]. Pleiotropic effects of DPP-4 inhibitors have been reported on various tissues and

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cell types [2]. The effect on bone metabolism is not fully understood. The paradox of Type 2 diabetes on bone quality is reported as increased fracture risk [3]. A recent meta-analysis of randomized clinical trials of DPP-4 inhibitors showed the reduced risk of bone fractures [4]. Vildagliptin study showed no changes in markers of bone resorption or calcium homeostasis [5]. The exact mechanisms by which DPP-4 inhibitors affect bone quality remain unclear. Glorie et al showed that DPP IV inhibitor treatment attenuated bone loss and improved mechanical bone strength in rats possibly interacting with bone metabolism [6, 7].

Gemigliptin (LG Life Sciences, Ltd., Seoul, South Korea), a recently developed DPP-4 inhibitor, has an excellent glucose-lowering effect [8]. It is known that oxidative stress inhibits osteoblast differentiation [9] and induces apoptosis under high sugar condition [10]. Since antioxidant property of gemigliptin is reported throughout the drug development process, we hypothesized that gemigliptin might induce bone remodeling and protect bone cells from oxidative stress. In this study, we investigated the effects of reducing sugar and gemigliptin treatment on MC3T3-E1 cells *in vitro*. 2-Deoxy-D-ribose (dRib) is known as the strongest reducing sugar [11]. Because glucose is the least reactive of the reducing sugars [12], we selected dRib to induce oxidative damage in MC3T3-E1 osteoblastic cells. Here, we investigated the effects of gemigliptin on osteoblastic differentiation and bone quality with and without the presence of dRib.

## 2. Materials and Methods

Our group has previously reported dRib-related damage via oxidative stress in MC3T3-E1 osteoblastic cells [13, 14]. Experimental protocol was adopted from past articles.

### 2.1 Cell culture

MC3T3-E1 murine osteoblastic cells were from the American Type Culture Collection (Rockville, MD, USA). The cell culture was conducted in  $\alpha$ -modified minimal essential medium ( $\alpha$ -MEM; Invitrogen, Carlsbad, CA, USA) with 10% fetal bovine serum (FBS; Sigma Chemical Co., St. Louis, MO, USA), 100 U/mL penicillin and 100  $\mu$ g/mL streptomycin. The cultures were maintained at 37°C in a humidified 5% CO<sub>2</sub> atmosphere and cultivated using 0.05% trypsin/0.02% EDTA in Ca<sup>2+</sup>- and Mg<sup>2+</sup>-free Dulbecco's phosphate buffered saline (DPBS) until they reached approximately 70% confluence. For assessment of cell viability, apoptosis and ROS production, the cells were plated in 24-well culture plates at a density of  $2 \times 10^4$ /well. Two days after culture, the cells were treated with gemigliptin for 24 h in  $\alpha$ -MEM containing 0.5% FBS. In treatments involving dRib, dRib was added after 1 h of gemigliptin treatment. The cell culture medium was changed every 2 days. After 6 days, the cells were cultured in medium containing dRib and/or gemigliptin for 2 days, and the alkaline phosphatase (ALP) activity, collagen content and gene expression of bone-related markers were then measured.

### 2.2 Cell viability

Cell viability was determined by measuring cell metabolic activity using the Cell Counting Kit-8 (CCK-8) (Dojindo Co., Kumamoto, Japan). CCK-8 contains 2-(2-methoxy-4-nitrophenyl)

-3-(4-nitrophenyl)-5-(2,4-disulfophenyl)-2H-tetrazolium, monosodium salt, which produces a water-soluble formazan dye upon reduction in the presence of an electron carrier. The amount of yellow formazan dye generated by the activity of dehydrogenases in cells is directly proportional to the number of living cells. MC3T3-E1 osteoblastic cells were plated in 24-well cell culture plates at a density of  $2 \times 10^4$ /well. At the end of the culture period, 50  $\mu$ L CCK-8 solution were added to 500  $\mu$ L medium in each well of the culture plate. After a 4 h incubation, absorbance was measured using the Zenyth 3100 multimode detector (Anthos Labtec Instruments GmbH, Wals/Salzburg, Austria) at 450 nm using a 650 nm filter as a reference. The viability of cells incubated with culture medium alone was set at 100% and included as the control in all experiments for estimation of the cell viability percentage.

### ***2.3 Apoptosis determination by ELISA***

The Cell Death Detection ELISA Kit (Roche Molecular Biochemicals, Mannheim, Germany), which is used for quantitative detection of cytosolic histone-associated DNA fragments, was used to measure apoptosis according to the manufacturer's instructions. Briefly, cells were seeded at a density of  $2 \times 10^4$ /well in 24-well culture plates. The culture conditions were the same as those described for the cell viability assay. Following incubation, the cells were lysed, and intact nuclei were pelleted by centrifugation. An aliquot of the supernatant was used as the antigen source for sandwich ELISA, which was performed using a primary anti-histone monoclonal antibody bound to the streptavidin-coated wells of a microtiter plate. Subsequently, the cells were treated with a second anti-DNA monoclonal antibody coupled to peroxidase. Nucleosome levels were quantified by determining the amount of peroxidase retained in the immunocomplex. Peroxidase activity was determined photometrically at 405 nm using 2,2'-azino-di(3-ethylbenzthiazolin-sulfonate) as the substrate.

### ***2.4 Measurement of ROS***

The fluorescent probe chloromethyl-2,7-dichlorodihydrofluorescein diacetate (DCFDA; Molecular Probes, Eugene, OR, USA) was used to measure intracellular ROS levels as described previously [13]. MC3T3-E1 osteoblastic cells were cultured for 24 h in  $\alpha$ -MEM containing 0.5% FBS, rinsed twice with DPBS and then treated with 10  $\mu$ M DCFDA for 1 h. The cells were then rinsed and scraped, and their fluorescence was measured (excitation 485 nm, emission 515 nm) using the Zenyth 3100 multimode detector.

### ***2.5 ALP activity***

At the time of cell harvesting, the medium was removed and the cell monolayer gently washed twice with PBS. The cells were then lysed with 0.2% Triton X-100, and the lysate was centrifuged at 14,000 g for 5 min. The cleared supernatant was used to measure ALP activity and the protein concentration. ALP activity was determined using an ALP activity assay kit (Somang Engineering Co., Seoul, Korea) and normalized to the number of cells.

## 2.6 Collagen content

Cellular collagen content was measured using the Sircol Collagen Assay Kit (Biocolor Ltd., Newtownabbey, Northern Ireland). This assay is a quantitative dye-binding method designed for the analysis of collagen extracted from mammalian tissues and cells during *in vitro* culture. The dye reagent binds specifically to the [Gly-X-Y]<sub>n</sub> helical structure found in mammalian collagen (types I–V). Measurements were normalized to the number of cells.

## 2.7 RNA extraction

Total RNA was isolated from cells using TRIzol reagent (Invitrogen). Following isolation, RNA integrity was assessed using the Agilent 2100 Bioanalyzer (Agilent Technologies, Inc., Palo Alto, CA, USA). cDNA was synthesized using the Transcriptor First Strand cDNA Synthesis Kit (Roche Diagnostics GmbH, Mannheim, Germany) and stored at  $-70^{\circ}\text{C}$  until further processing. All procedures were carried out according to the manufacturers' protocols.

## 2.8 Real-time RT-PCR

Real-time PCR was performed to verify the differential expression of select genes by the TaqMan method using the Roche Universal Probe Library (UPL) kit with the Roche LightCycler 480 system (Roche Diagnostics GmbH). Relative gene expression was determined by employing the comparative CT method. All reactions were carried out in a total volume of 20  $\mu\text{L}$  of the reaction mixture containing 10.0  $\mu\text{L}$  2X UPL master mix, 1.0  $\mu\text{L}$  5' primer (10 pmol/ $\mu\text{L}$ ), 1.0  $\mu\text{L}$  3' primer (10 pmol/ $\mu\text{L}$ ), 0.2  $\mu\text{L}$  UPL probe, 1.0  $\mu\text{L}$  cDNA and 6.8  $\mu\text{L}$  sterile water. The thermal cycling conditions for PCR were an initial denaturation step for 10 min at  $95^{\circ}\text{C}$ , followed by 40 cycles of  $94^{\circ}\text{C}$  for 10 s and  $60^{\circ}\text{C}$  for 30 s. The primers were designed using the Roche ProbeFinder assay tool. For RT-PCR analysis, duplicate reactions were performed for each cDNA. Negative controls (except templates) were included in the PCR reaction to ensure specific amplification. LightCycler 480 software version 1.2 (Roche Diagnostics GmbH) was used for quantitative PCR analysis. The values obtained from each sample were normalized to hypoxanthine guanine phosphoribosyltransferase expression. The expression levels of each gene in each experimental group were compared with the respective expression levels in the control group. We evaluated ALP, collagen, osteocalcin, osteoprotegerin, osteopontin (OPN), bone sialoprotein, osterix and bone morphogenetic proteins (BMPs) as bone-related markers. We measured superoxide dismutase (SOD) and glutathione peroxidase (GPx) as oxidative stress-related markers. We also measured the osteoblast-related signal transduction markers phosphoinositide-3-kinase (PI3K), AKTs and extracellular signal-regulated kinases (ERKs).

## 2.9 Statistical analysis

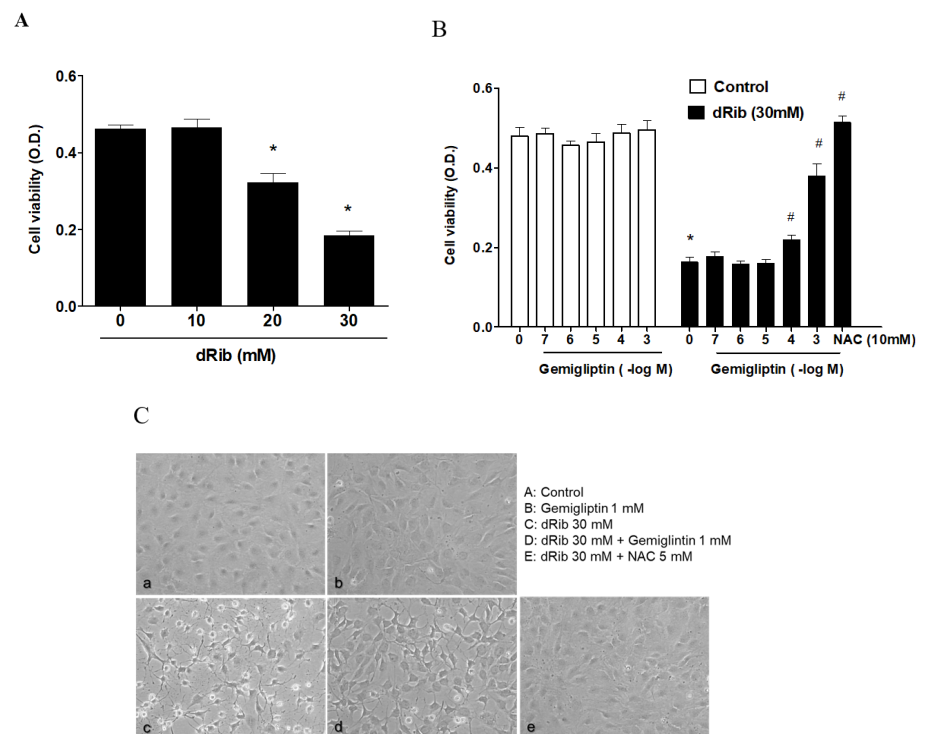
Each experiment was repeated independently at least three times. Data were expressed as means  $\pm$  standard error of the mean. Multiple comparisons were performed using a one-way ANOVA and Dunnett's *t*-test ( $p < 0.05$ ).

### 3. Results

#### 3.1 Effects of gemigliptin on dRib-induced osteoblastic cell (MC3T3-E1) viability

We evaluated cell viability using the CCK-8 assay to assess the effect of dRib on MC3T3-E1 osteoblastic cell survival. Dose-dependent decrease in cell viability was observed in the cells exposed for 24 h to various concentrations of dRib (Fig. 1A). At 30 mM dRib, we observed approximately 50% inhibition of cell viability by 24 h under our experimental conditions.

Cells were incubated in  $\alpha$ -MEM containing 0.5% FBS to evaluate the osteoblastic cell survival by gemigliptin. We treated the cells with various concentrations ( $10^{-7}$ – $10^{-3}$  M) of gemigliptin for 24 h and then determined cell viability. Gemigliptin increased the cell viability under dRib-mediated reduction from  $10^{-4}$  M concentration of gemigliptin (Fig. 1B). At  $10^{-3}$  M, gemigliptin dramatically enhanced cell viability. The antioxidant N-acetyl-L-cysteine (NAC) was used as a positive control for dRib-induced cell damage. 10 mM NAC treatment completely reversed the effects of dRib on cell viability. This positive control for MC3T3-E1 osteoblastic cells was adopted from our previous study [14]. Morphological changes in the dRib-treated group were compared with controls and the dRib + gemigliptin treatment group. The control cells were flat and polygonal. After exposure to dRib for 24 h, the cells were degenerated and spindle-shaped in appearance. Gemigliptin improved the morphological changes of osteoblastic cells by dRib treatment (Fig. 1C).



**Fig. 1. Effects of gemigliptin on dRib-induced osteoblastic cell viability. (A) effect of dRib on cell viability of osteoblastic cell. (B) cells were cultured with an increasing concentration of gemigliptin in the presence or absence of dRib. (C) morphological change of MC3T3-E1 cell. # $p < 0.05$**

### 3.2 Effects of gemigliptin on dRib-induced ROS generation and apoptosis

We evaluated oxidative stress by measuring ROS generation and apoptosis. By treatment of 30mM dRib, ROS generation and apoptosis approximately doubled. When 1 mM gemigliptin was given in the presence of dRib, the dRib-induced ROS generation and apoptosis was attenuated (Fig. 2). NAC reversed the dRib-induced cellular effects. The protective effect of gemigliptin on oxidative stress was not as potent as that of NAC. Gemigliptin can function as an antioxidant, thereby protecting against injury.

### 3.3 Effects of gemigliptin on ALP activity and collagen content

Bone ALP serves as an osteoblast phenotypic marker [15]. Increased ALP activity has been observed in differentiating osteoblasts *in vitro*. Osteoblastic cells produce type I collagen, an early marker of osteoblast differentiation [16]. In this study, we measured bone ALP and collagen as surrogate markers of osteoblast differentiation. ALP activity and collagen were significantly increased after gemigliptin treatment. When cells were treated with 1 mM gemigliptin in the presence of 30 mM dRib, ALP activity and collagen content significantly restored (Fig. 3).

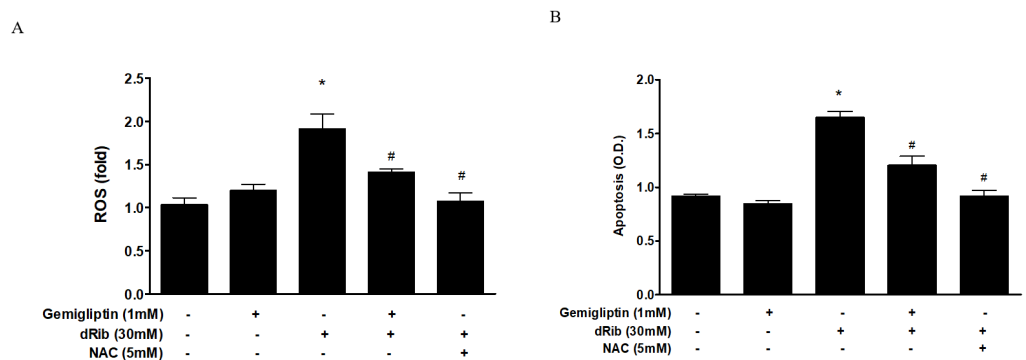


Fig. 2. Effects of gemigliptin on (A) intracellular ROS production and (B) dRib-induced apoptosis in MC3T3-E1 cell. \* $p < 0.05$  compared with control. # $p < 0.05$  compared with dRib (30mM) treated cells.

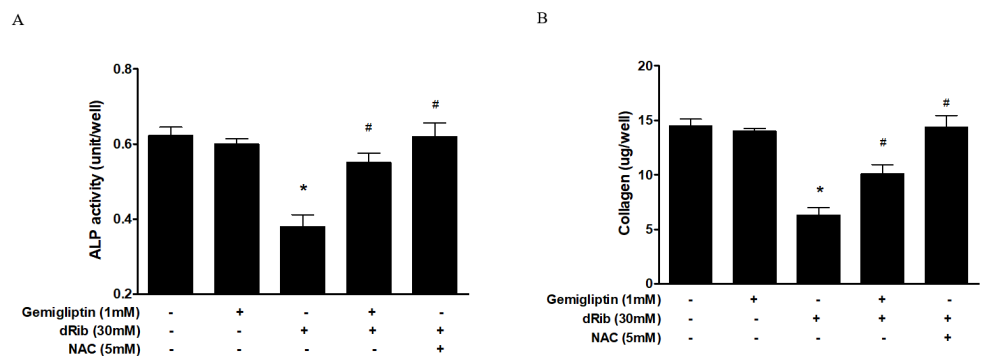


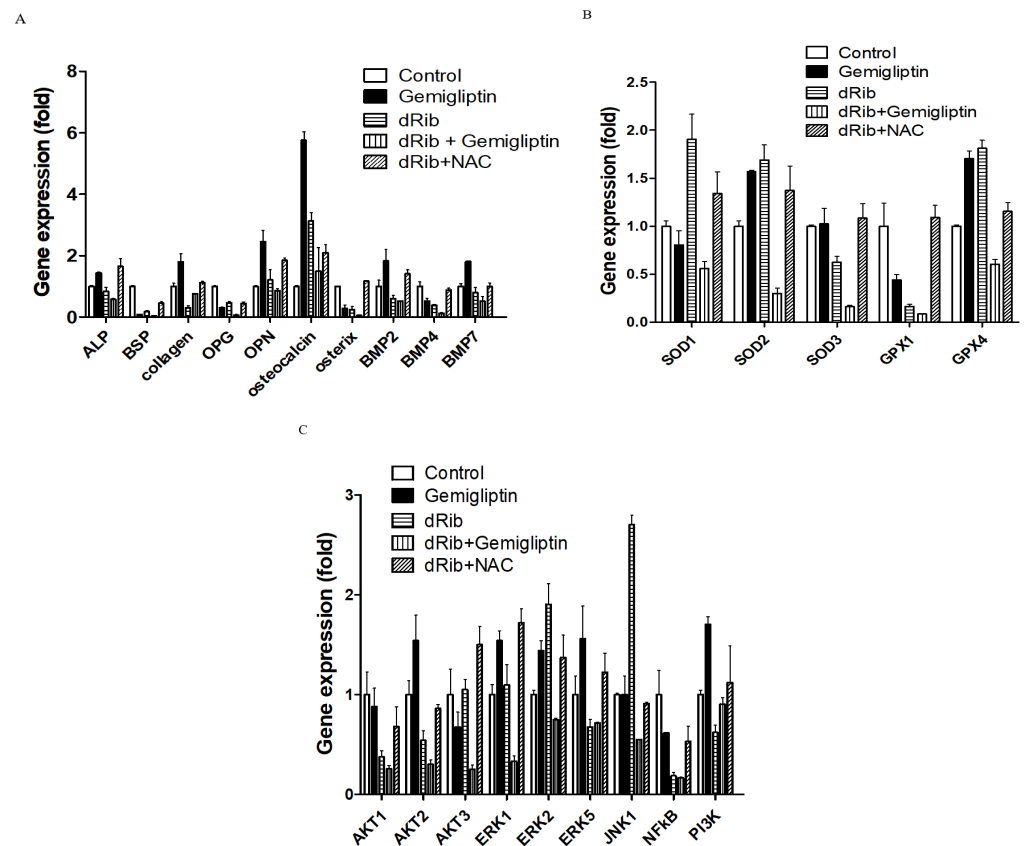
Figure 3. Effects of gemigliptin on dRib-induced (A) ALP activity and (B) collagen production in osteoblastic cells. \* $p < 0.05$  compared with control. # $p < 0.05$  compared with dRib (30mM) treated cells.

### 3.4 Effects of gemigliptin on the expression of genes involved in osteoblastic differentiation

We measured the mRNA levels of ALP, collagen and molecular markers of osteoblastic differentiation. Gemigliptin significantly increased the levels of ALP, collagen, osteocalcin, BMP2, BMP7 and OPN. There were no statistically significant changes in osteoblastic differentiation markers with and without the presence of 30 mM dRib (Fig. 4A).

### 3.5 Effects of gemigliptin on gene expression of antioxidant enzymes

SODs catalyze dismutation of the superoxide anion into hydrogen peroxide and molecular oxygen. GPXs catalyze the reduction of hydroperoxides and glutathione to protect the cell from oxidative damage. SODs and GPXs are thus important antioxidant enzymes. We measured the changes in SODs and GPXs levels following treatment with gemigliptin with and without dRib condition. There were no significant changes in SOD1 or GPX1 expression after treatment with gemigliptin (Fig. 4B)



**Fig. 4.** Effects of gemigliptin on gene expressions of (A) bone related factors; ALP, BSP, collagen, OPG, OPN, osteocalcin, osterix, BMP2, BMP4 and BMP7 (B) anti-oxidants; SOD1, SOD2, SOD3, GPX1 and GPX4 (C) signal transduction; AKT1, AKT2, AKT3, ERK1, ERK2, ERK5, JNK1, NF-κB and PI3K.

### 3.6 Effects of gemigliptin on osteoblast signal transduction markers

We measured PI3K, AKT1, AKT2, AKT3, BMP2, BMP4 and BMP7 mRNA expression levels to evaluate the effects of gemigliptin on PI3K/AKT/BMP-related osteoblastic differentiation [17]. PI3K, AKT2, BMP2 and BMP7 expression levels were increased by gemigliptin treatment. The expression levels of ERK1, ERK2 and ERK5 were also increased by gemigliptin treatment. Under dRib condition, gemigliptin increased the expression level of PI3K (Fig. 4C).

## 4. Discussion

To our knowledge, this is the first study to investigate the effects of gemigliptin on dRib-induced oxidative damage in MC3T3-E1 osteoblastic cell cultures. Diabetes-associated bone disease may involve the production of poor quality bone. Previous studies have demonstrated that hyperglycemia attenuates proliferation and differentiation of osteoblasts to induce poor bone quality [18]. dRib-induced cellular dysfunction and apoptosis in MC3T3-E1 cells was well characterized in our previous studies [13, 14]. Here we found that gemigliptin had a profound effect on osteoblastic differentiation.

We observed a dose-dependent decrease in cell viability caused by dRib (Fig. 1A). Based on this result, we used a dose of 30 mM dRib in subsequent biochemical assays. CCK-8 assays showed that  $10^{-7}$ – $10^{-3}$  mM gemigliptin partially reversed the dRib-mediated reduction in cell viability in a dose-dependent manner. Gemigliptin improved the morphological changes in osteoblastic cells induced by dRib. We measured ROS generation and apoptosis to evaluate oxidative stress caused by dRib in MC3T3-E1 osteoblasts. When the cells were treated with dRib, ROS generation and apoptosis increased, while treatment with gemigliptin in the presence of dRib attenuated all dRib-induced effects. The antioxidant NAC reversed dRib-induced cellular oxidative stress (Fig. 2). These findings indicate that gemigliptin can function as an antioxidant, protecting osteoblasts from oxidative stress. Treatment with gemigliptin increased ALP activity and collagen contents. However, gemigliptin did not increase ALP or other bone-related markers in the presence of dRib. Bone ALP is a glycoprotein localized in the plasma membrane of osteoblasts and a marker of the osteoblastic phenotype [15]. High levels of ALP activity indicate that both pre-osteoblasts and osteoblasts are actively differentiating.

We further investigated gemigliptin's effects on osteoblast differentiation in the gene expression levels. The PI3K/AKT signaling pathway is associated with BMP activation [19]. BMPs are the most potent regulators of osteoblast differentiation. BMPs stimulate ALP activity, collagen synthesis, parathyroid hormone responsiveness and Osteocalcin (OC) production in osteoblasts [20, 21]. Osteocalcin is a pro-osteoblastic bone-building, bone mineralization and calcium ion homeostasis marker in osteoblastic differentiation [22]. The PI3K/AKT/BMP axis is thought to be a key regulator in the differentiation of osteoblasts. Our results showed that gemigliptin may stimulate this axis by increasing PI3K, AKT, BMP2, BMP7, ALP and OC gene expression. The expression level of PI3K was increased by gemigliptin treatment under dRib condition. Improved bone quality by gemigliptin may be associated with PI3K/AKT/BMP axis.



Another potential pathway that gemigliptin acts through is ERK/MAPK/osteoblast differentiation [23]. This axis also induces matrix mineralization [24]. Gemigliptin increased ERK1, ERK2 and EKR5 gene expression in our study. The ERK signal induces an increase in BMP2-dependent osteoblast differentiation, which is consistent with our results.

We investigated the potential of gemigliptin in improving bone quality during the treatment of patients with diabetes, but there are some limitations. First, gemigliptin did not increase osteoblastic marker expression in the presence of dRib. It would be more suitable to investigate the effects of gemigliptin under low oxidative conditions rather than in the presence of dRib in future studies since dRib is the strongest reducing sugar [25]. The difference of ALP-related markers after gemigliptin treatment is needed to elucidate the exact mechanism. Secondly, mechanistic study did not investigate protein levels and under hyperglycemic condition. Hyperglycemic condition *in vivo* study is needed in the future study. Third, the long-term effects of gemigliptin exposure on bone mineral density in a diabetic animal model should be investigated. Fourth, we used the MC3T3-E1 cell line and did experiments *in vitro*. To elucidate the effect of gemigliptin's effect on bone mineralization, further study is needed in primary osteoblast culture setting using bone marrow. This scope is future study theme to elucidate the physiological pathway of gemigliptin in bone mineralization.

## 5. Conclusion

Our results showed that gemigliptin exerts protective effects against dRib-induced oxidative stress in MC3T3-E1 cells. Gemigliptin increased osteoblastic activity and may promote bone recovery in diabetes-associated bone diseases.

### Capsule Summary

The findings of this study indicate that gemigliptin exhibits a mitigating effect on cellular damage induced by 2-deoxy-D-ribose in osteoblasts. As a result, gemigliptin shows potential in improving oxidative conditions in bone.

### Ethics statements

Not applicable

### Patient and public involvement

No patients were directly involved in designing the research question or in conducting the research. No patients were asked for advice on interpretation or writing up the results. There are no plans to involve patients or relevant patient community in dissemination at this moment.

### Data availability statement

Data are available on reasonable request.

### Transparency statement

The leading author (Dr. SYR) are an honest, accurate, and transparent account of the study being reported.

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### Author Contribution

Dr SYR had full access to all of the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis. All authors approved the final version before submission. *Study concept and design*: SKC, KSS, WWJ, and SYR; *Acquisition, analysis, or interpretation of data*: SKC, KSS, WWJ, and SYR; *Drafting of the manuscript*: HS and SYR; *Critical revision of the manuscript for important intellectual content*: all authors; *Statistical analysis*: SKC, KSS, WWJ, and SYR; *Study supervision*: SYR. SYR is guarantor. The corresponding author attests that all listed authors meet authorship criteria and that no others meeting the criteria have been omitted.

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### Conflicts of Interest

The authors have no conflicts of interest to declare for this study.

### Provenance and peer review

Not commissioned; externally peer reviewed.

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